4.1. Resources for seniors as learners

Digital Skills Library
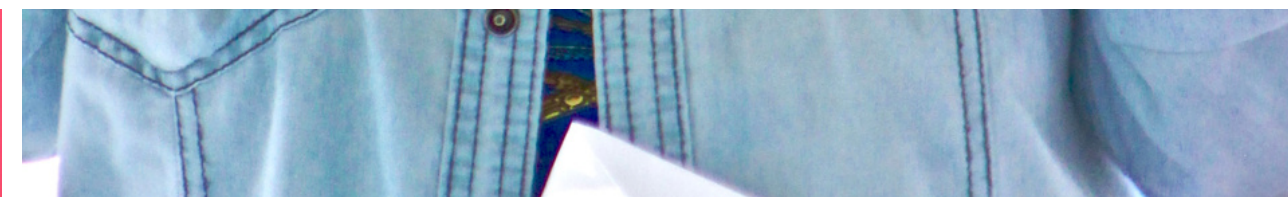
https://digitalskillslibrary.org/

It is an open repository of free learning resources, with a big variety of tools organized by topics, such as: Communication; Creation; Online Life; Mobile; Privacy and Security; Lifelong Learning; Information Skills, among others.

DigIT

Digital Competences Development System

http://www.dcds-project.eu/

Seniors have the chance to test an online tool expressly dedicated to them to boost their digital competence. The MOOC is easily accessible, simple yet rigorous. It also provides users with many practical activities (quizzes, games etc.) to measure users' mastery of the course content.

DigIT

proADAS

https://proadas.eu/

The tool helps to acquire some relevant knowledge about active ageing while improving digital skills.

Indeed, the MOOC is also easy to use and can support users' to develop their digital competence.

Google's Applied Digital Skills

https://applieddigitalskills.withgoogle.com/

Very accessible course for everyone, reachable (you can search for it and find it easily) and simple-looking.

DigIT

SENIOR CULTURAL VOLUNTEERS PROGRAMME

https://ceate.es/voluntariado-cultural/

Seniors can continue being socially involved and occupied, while doing what they like and giving good quality services to the users of the services. Enables them to carry out physical and intellectual activity on a daily basis.

DigIT

SENIORS GO DIGITAL

http://seniorsgodigital.iit.demokritos.gr/

The project is similar to DigIT, the courses are highly specialised for thesenior population, it provides seniors with resources and information to learn how to use digital technologies, which can be daunting or challenging for some seniors who have not grown up with them. Furthermore, the website provides seniors with access to a community of like-minded individuals who are also learning how to use digital technologies. This community provides a supportive environment for seniors to share their experiences, ask questions, and get help with any challenges they may be facing.

DigIT